

Model of psychological disadaptation at psychosomatic and neurotic disorders

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Abstract

© 2015, Canadian Center of Science and Education. All rights reserved. The relevance of the studied problem is caused by the lack of the uniform model of psychological disadaptation of the persons suffering from the neurotic and psychosomatic disorders. The article is directed on acquaintance of the clinical psychologists with the model of the psychological disadaptation at psychosomatic and neurotic disorders and recommendations with the work with these categories of clients. The leading approach to research of this problem is the comparative approach to research of the existing disadaptation models. The main result of this research is the creation of the new model of the psychological disadaptation including mechanisms of psychological protection, coping and anticipation. The materials of the article can be useful for the clinical psychologists and psychotherapists during the work with the persons suffering from psychosomatic and neurotic disorders and also for psychologists-consultants during the work with the clients who are in a crisis or difficult life situation.

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Keywords

Anticipation, Mechanisms of psychological defense, Neurotic disorders, Psychological disadaptation, Psychosomatic disorders